

Booking Information

Hours of operation

Standard day 09.30 – 16.30
Extended day 08.30 – 17.30

Costs

Prices from as little as £2 per hour.

Dates of operation

| Willesden Sports Centre | Ages | October Half Term | December |
|-------------------------|--------------|-------------------|-----------------|
| | 3 – 12 years | 25th – 29th Oct | 20th – 23rd Dec |

To avoid disappointment book your place now direct with Fit For Sport.

Please call

0845 456 3233

or go online at

www.fitforsport.co.uk

Willesden Sports Centre
Donnington Road,
Willesden,
London NW10 3QX

020 8955 1120

willesden@harpersfitness.co.uk

Leisure Connection reserve the right to alter fees and services described within this leaflet. Photographs and images are for illustration purposes only.

www.harpersfitness.co.uk

Discounts

5% Online Booking Discount.

10% Early Bird Booking when quoting:

'Strawberry' by 1st October
'Apple' by 3rd December

25% off second child on weekly bookings.

24/09/10 18223



Willesden Sports Centre

Harpers Activity Camps

October Half Term and December 2010

OFSTED registered Healthy Lifestyle Sports and Activity Camps

Bookings being taken now on 0845 456 3233



In partnership with Fit For Sport



www.harpersfitness.co.uk



Willesden Community Sports Ltd

Willesden Sports Centre operated by Willesden Community Sports Ltd and managed by Leisure Connection, on behalf of Brent Council.

Harpers Activity Camps in partnership with Fit For Sport

Harpers Activity Camps are pleased to be working in partnership with Fit For Sport, the UK's Leading Healthy Lifestyle Activities Provider, in delivering a new and exciting Ofsted Registered Holiday Programme for children aged 3 – 12 years.*

Fit For Sport have been operating kids' activities for 18 years aimed at children aged between 3-12 years old and are a great way for your child to have fun, make friends and take part in a wide range of sports and activities, in a safe environment.

Our Philosophy

Your experience as a child is fundamental. Research has shown that if you ENJOY sport and exercise as a child, you are more likely to continue a healthy lifestyle as an adult. At Harpers Activity Camps, all children are encouraged to participate, respect others and try their best. Most importantly, we make all our activities fun.



Testimonials

'My children and I were welcomed with a big smile and a great level of energy. Fantastic experience! I most definitely recommend Fit For Sport.' **Mrs Hieb, London**

'Children are welcomed into the activity club by staff, who provide a balanced environment for sports based and play opportunities.'

OFSTED Report 2009, Barnes Primary School, London

Who comes to Harpers Activity Camps?

Harpers Activity Camps in partnership with Fit For Sport cater for children aged 3 – 12 years old, *offering a range of different activities including Super Sports, Crafty Kids and Healthy Zone Activities.

Bouncing Bananas 3 – 5 years

Our Banana age group are offered a fun and carefully planned programme encouraging participation and interaction. Please note 3 – 4 yrs can attend half days at specific sites*

Strawberry Sprinters 6 – 8 years

A programme designed to promote teamwork, introduce techniques and encourage sportsmanship in a team environment.

Apple Athletes 9 – 12 years

Our oldest age group will enjoy team challenges, tournaments, co-operative games in a structured but relaxed atmosphere.

* Please see back page for site's age range.



Get your children active this Autumn!

Here are just some of the activities that will take place at Harpers Activity Camps:



CRAFTY KIDZ

Creative session, Messy time! Model making & painting



FIT FUN

Circuits using equipment including hoops, balls, balloons, bean bags and parachute play!



GAMES GALORE

Including a variety of tag games, fruit fun sessions and treasure hunts!



HEALTHY ZONE ACTIVITIES

Our team will educate children on benefits of leading healthy lifestyles



SPLASH ATTACK

Water confidence session, Fully supervised! Aftersun allowed! Equipment includes floats, sponge boards, dive sticks, inflatables

All children undergo a swimming assessment prior to swimming to ensure the children are in the relevant groups and area of the pool.



SPORTS SPECIFIX

Equipment based sessions such as football, tennis, basketball, hockey, Cricket & Rounders



X-PLUSIVE SPORTS

Active sports session including Kwik Cricket, Tennis, Football Master Mind & Active zone. Plus quizzes and challenges



TEAM TASTIC

Team Sports/Games & Tournaments. CHILL, CHAT & CHALLENGE



SUPER SPORTS

Action packed high energy multi sports session



Don't miss our weekly events:

Fit For Sports very own Talent Show, keep ups, gymnastics, juggling or simply being one of the judges!



FRUIT SALAD FRIDAY

Every Friday children make a fruit salad frenzy to share